

# DOOR COUNTY TRIATHLON

## SWIM WAVE ORDER

SWIM WAVE	WHO GOES IN THIS WAVE	SPRINT DISTANCE (SATURDAY)	OLYMPIC DISTANCE (SUNDAY)
		APPROXIMATE TIME	APPROXIMATE TIME
MTT	MyTeam Triumph Teams	7:50 AM	7:50 AM
1	Participants who Opted into "Swim Wave One"*	8:00 AM	8:00 AM
2	Relay Team Swimmers**	8:03 AM	8:02 AM
3	Males End-of-Year Age 55+	8:06 AM	8:04 AM
4	Males End-of-Year Age 50-54	8:09 AM	8:06 AM
5	Females End-of-Year Age 55+	8:12 AM	8:08 AM
6	Females End-of-Year Age 50-54	8:15 AM	8:10 AM
7	Males End-of-Year Age 24 & Under	8:18 AM	8:12 AM
8	Males End-of-Year Age 25-29	8:21 AM	8:14 AM
9	Males End-of-Year Age 30-34	8:24 AM	8:16 AM
10	Males End-of-Year Age 35-39	8:27 AM	8:18 AM
11	Males End-of-Year Age 40-44	8:30 AM	8:20 AM
12	Males End-of-Year Age 45-49	8:33 AM	8:22 AM
13	Females End-of-Year Age 24 & Under	8:36 AM	8:24 AM
14	Females End-of-Year Age 25-29	8:39 AM	8:26 AM
15	Females End-of-Year Age 30-34	8:42 AM	8:28 AM
16	Females End-of-Year Age 35-39	8:45 AM	8:30 AM
17	Females End-of-Year Age 40-44	8:48 AM	8:32 AM
18	Females End-of-Year Age 45-49	8:51 AM	8:34 AM

*\*Participants who opt into swim wave one typically do so to reduce the number of competitors in front of them and improve their overall standing OR give themselves the maximum amount of time to finish the race. Per USA Triathlon rules, those who opt into swim wave one lose age/gender ranking and awards eligibility and are only eligible for overall awards.*

*\*\*Any relay swimmers that are also competing as individuals must start in their age/gender group.*

**Participants will be called into the start chutes by wave assignment.  
Once in the chute, they will start in "time trial" format,  
individually one-at-a-time on the beach on the race director's signal.  
Your race time will start when you cross the start line timing mat.**