



RUN BIKE SWIM



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRY THE Y KIDS TRIATHLON

EVENT DESCRIPTION

In conjunction with the Door County Triathlon, the Door County YMCA is offering an intermediate level triathlon for boys and girls ages 4-14 on **Saturday, July 21**. The YMCA would like to stress fun with family and friends, participation, and staying healthy for this event. Although times will be available, we will consider all those who give it their best, a WINNER. Athletes are encouraged to practice at the YMCA and on their own before the event. All participants must bring their own bike helmet! Swimming is indoors, biking and running outside. Advanced participants may compete up one division.

Capacity is 64 participants per race.

Note: Split times will not be available, only overall time will be kept.

REGISTRATION FEE

\$20 on or before July 1, \$25-after July 1

FEE INCLUDES: T-shirt and award!

CHECK-IN

All racers must check in to get race number and starting info 30 minutes prior to their event.

3 RACE DIVISIONS

RACE	SWIM	BIKE	RUN
Division 1 Age 11-14	150 yards Start time: 2:00 pm	4 miles	1.5 mi
Division 2 Ages 8-10	100 yards Start time: 3:15 pm	2 miles	.9mi
Division 3 Ages 4-7	50 yards Start time: 4:30 pm	1 mile	.4mi

SAME DAY

Same day registration begins at 7:00 am and runs until 30 minutes prior to the start of your age division start time.

WHERE:

Door County YMCA
1900 Michigan Street
Sturgeon Bay, WI

TO REGISTER:

Return form and payment to the YMCA. You may also register @active.com

MORE INFO:

Julie@ 920-743-4949
jwilson@doorcountyyymca.org



DOOR COUNTY YMCA KIDS TRIATHLON REGISTRATION FORM

Registration forms should be returned to the Sturgeon Bay Program Center:
1900 Michigan Street Sturgeon Bay, WI 54235



Please Select Race:

____ Age 11-14/ Division 1

____ Age 8-10/ Division 2

____ Age 4-7/ Division 3

____ YMCA Member ____ Non-member Participant

Name _____ Male _____ Female _____

Address _____ City _____ Zip _____

Birthdate ____ / ____ / ____ Home Phone _____ Other Phone _____

Parent/Guardian Names _____

Please Select T-shirt size: __YXS(2-4) __YS(6-8) __YM(10-12) __YL(14-16) __AS __AM __AL

**THIS WAIVER MUST BE SIGNED
AND INCLUDED WITH YOUR REGISTRATION FORM
IF YOU MAIL IT IN.**

Waiver Form

In consideration of the foregoing, I, for myself, my heirs, executors, administrators, personal representatives, successors and assigns waive and release any and all rights, claims, and causes of action I have or may have against the Door County YMCA and its affiliates, their agents, employees, officers, directors, successors and assigns, and any and all sponsors, their representatives and successors that may arise as a result of my child's participation in The Door County Kids' Triathlon and any pre and post-race activities. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose, including commercial advertising.

Child's Full Name _____

Parent/Guardian Name _____

Parent/Guardian Signature _____

Date _____